



REMEMBRANCE DAY  
*Let's We Forget*

## NEWS-A-PEEL

### THE NEWSLETTER AND CALENDAR OF FRIENDS & ADVOCATES Peel and Surrounding Areas

Phone Number: (905)-452-1002

Your Community Adult Social Rehabilitation Organization  
SOCIAL REHABILITATION is the ANSWER!



## NOVEMBER 2018

### IMPORTANT DATES

**Sunday, 5 November 2018** - Daylight Saving Time Ends,  
Clocks turn back 1 Hour

**Wednesday, 7 November 2018**- Diwali

**Sunday, 11 November 2018** - Remembrance Day

### F&A GOVERNANCE IN ACTION: 2018 COMMITTEE MEETINGS

Fundraising . . . . . Monday November 12<sup>th</sup> @ 1:30pm  
By-Law & Policy. . . . Monday November 12<sup>th</sup> @ 2:30pm  
Quality Improvement. Thursday November 29<sup>th</sup> @ 1:30pm

### Regional Social & Leisure Committees:

North Etobicoke. . . . Thursday, November 1<sup>st</sup> @ 1:00pm  
Mississauga. . . . . Monday, November 5<sup>th</sup> @ 2:00pm  
Brampton. . . . . Monday, November 5<sup>th</sup> @ 7:00pm  
Dufferin. . . . . Wednesday, November 7<sup>th</sup> @ 11:30am

### Regional Public Relations Committees:

Mississauga. . . . . Monday, November 5<sup>th</sup> @ 3:00pm  
Brampton. . . . . Monday, November 5<sup>th</sup> @ 6:00pm

### YOUR BOARD WILL BE MEETING THIS MONTH

Attention!! The Board of Directors Meeting will be taking place on Monday, November 12<sup>th</sup> @ 3:30pm. We encourage all Members of the Board to attend!

### ACHOOO! SNIFFLE! COUGH - COUGH!!

As the weather changes it is inevitable that people will catch the cold or flu. Please be vigilant about washing your hands and practice your daily hygiene. **If you are sick please do not attend activities.** We strongly urge you to be in contact with Emelyn if this affects your ability to maintain your 2 activity commitment.

### STOMP - BRUSH - ENTER

Attention all members. Winter is Here Again! We ask that all members and their guests do their best to brush and stomp all the snow off, before entering the office or community spaces

### BIRTHDAY WISHES go out to:

Meeghan. A, Lensa. A, Shira. A, Ahmed. A, Berma. B, Diane. B, Earl. B, Cassandra. B, Grace. C, Erminn. F, Jay. F, Marisa. F, Deborah- Lynn. J, Mark. J, Debbie. M, Richards. M, Kenneth. M, Angelina. P, Joan. P, Lotoya. R, Fadi. S, Seta. S, Glen. S, Jennifer. S, Patricia. S, Leisa. T, Christine. W, Debbie. W



### F&A SOCIAL IN DUFFERIN

**Thursday, November 22<sup>nd</sup> @ 1:00pm**

Members are welcome to drop by and chat, bring lunch if you are by at that time. We will be doing Intakes with new members and OPOC will be available for anyone who wants to complete that Survey. You are welcome to stay for a while or for time your choice. Cant wait to see you there!!

### NEW MEMBER SOCIAL DAY IN BRAMPTON - Friday November 23<sup>rd</sup> @ 2:00pm

Welcome New Members! This is an new opportunity for you to learn about your organization. Did you have questions about the Organization after your intake? Which activities have people my age? My interests? The type of fun I prefer? Come out to this meeting and get all the answers, talk to fellow Members and Staff. Have a Tea or Coffee and get a clear picture of what opportunities the Organization can offer you. These activities will be frequently placed in the F&A News-A-Peel Newsletter, in each Service Area but if you want to come to one in another Service Area that is fine. We will welcome you no matter which one you attend. **Reminder: this Activity is specifically for New Members.**

### PATHFINDER CAMPAIGN

Join our intrepid band of Adventurers as they save Townsfolk from marauding Orcs, delve into deep dungeons to find Dragon the elves, dwarves, gnomes, halflings and humans! To check out the action, join us on Tuesday afternoons **13 November & 27 November at 1:00pm in the office.** Call Scott to get more information about this RPG experience.

**WII BOWLING LEAGUE - BRAMPTON**

*November 7, 2018 - December 5, 2018*

Come out and have a blast by joining our Fall, Wii Bowling League. The league will run for 5 weeks in Brampton every Wednesdays from 1:00pm - 3:00pm. There will be prizes and a banquet dinner for all participants. The cost to participate in the league is \$10.00 and don't forget to provide your shirt size upon registration.

**CHRISTMAS IS COMING!**

Make sure you look for the Date/Time/Place for the F&A CHRISTMAS PARTY, in DECEMBER's NEWS-A-PEEL.

This Event will fill up quickly, if history is any judge.

When you see the Invitation, act to secure your seat at the F&A CHRISTMAS PARTY asap!

**STREETSVILLE BOWLING - MISSISSAUGA**

*Friday, 9 November 2018 - 2:00pm*

Come out to the highly anticipated Streetsville Bowling from 2:00pm - 4:00pm at Streetsville Bowling. Don't forget to bring your bowling money!!

**The Bowling ally is a NON-ACCESSIBLE FACILITY**

**Call office for more information at (905)- 452-1002**

**ONTARIO PERCEPTION OF CARE (OPOC)**

*Mississauga - Tuesday, November 13<sup>th</sup> @ 2:00pm*

Thank you to everyone who took the time to fill out an OPOC at either designated activity or one of our big events! Your opinion is important! Remember you can fill out the OPOC as many times as you want. During November we will have activity days led by STAFF for an opportunity to complete an OPOC. If you cannot attend the activity but would still like to complete a survey call the office at (905)-452-1002.

**VOLUNTEERS ARE WELCOME AT F&A**

We are currently interested in taking on volunteers in several areas of our catchment. If you know any one who is interested in volunteering in a great and worthwhile organization, have them give May a call at 905-452-1002.

**KIL-A-METRE CLUB**

How about joining the Kil-A-Metre club? Just track how much you walk each month and call in your kilometres to Karen.C in the office at the end of the month! It is as easy as that!

**Current available Stats on Kil-A-Metre Club to the end of September:**

Marissa F. ....	147
Sonja P. ....	263
Elaine D. ....	480
Joanne D. ....	125

Judith S. ....	90
Yvonne V. ....	60
Angie P. ....	157
Sean G. ....	1,150
Jill J. ....	108
Sue T. ....	275
Patricia K. ....	560
Amy K. ....	610
Meeghan A. ....	453
Gail G. ....	15
Viola R. ....	341
Phil B. ....	428
Meharani K. ....	480
Ron K. ....	306
Sam M. ....	775

**HAVE AN F&A-TASTIC DAY!**

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**FRIENDS & ADVOCATES**

**Peel and Surrounding Areas**

**239 Queen St. E, Unit 6, Brampton, ON L6W 2B6**

**Telephone. .... (905) 452-1002**

**e-mail. .... contact@fapeel.org**

**Fax. .... (905) 452-1036**

**Website. .... www.fapeel.org**

**Follow us on Twitter:**

**Friends & Advocates Peel . .... @FA\_Peel**

**CSN-CW Adult. .... @CSN\_Adult**

**CSN Youth & Young Adult. .... @CSN\_Youth**

**and Facebook:**

**http://www.facebook.com/FriendsAdvocatesPeel**

**http://www.facebook.com/csnyouth**

**http://www.facebook.com/csnew**

**In Case of a Crisis:**

**(Work Hours: Monday to Friday 8:30am - 4:30pm)**

**Call F&A Peel Staff. .... 905-452-1002**

**After Hours:**

**24/7 Crisis Support Peel. .... 905-278-9036**

**Distress Centre. .... 905-278-7208**

**SPECTRA. .... 905-459-7777**

**Health Line Peel. .... 905-799-7700**

**Warm Line. .... 416-960-9276**

**Krasman Warm Line. .... 1-888-777-0979**

**24/7 Warmline .... 1-844-427-3247**

**Psychiatric Survivors Warmline. .... 1-519-631-1580**

**FRIENDS & ADVOCATES PEEL**  
**Peel and Surrounding Areas**  
**ACTIVITY DETAILS -NOVEMBER 2018**

- In the event of severe weather conditions, the Director of Services, Member Services Worker or CEO in consultation with the Leaders of the Activity, has the authority, usually 4 hours before the scheduled start of the activity, to cancel the activity. A message with respect to the cancellation will be placed on the office answering service announcement.
- Members are eligible for Transit Subsidy if attending two social activities each month, Training Programs, Governance Meetings, Special Events (as designated) or as Leaders of an Activity.
- In order to be counted in attendance, at an activity, you must be present from the beginning of the scheduled time for the activity and you must stay until the end of the activity to be counted.
- Leaders will be available to the activity ½ hour before the scheduled start of the Activity.

**NOVEMBER BRAMPTON ACTIVITIES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Stress Management Small Talk(1:30pm)	3 Creative Writing (1:00pm)
4	5 Public Relations Committee (6:00pm)  Social & Leisure Committee (7:00pm)	6 Seasonal Blues Small Talk (1:30pm)	7 Wii Bowling Week 1 (1:00pm)  Leadership Training Orientation(6:00pm)	8	9 Adult Colouring (6:00pm)	10
11	12 Fundraising Committee (1:30pm)  By- law & Policy Committee (2:30pm)  Board Meeting (3:30pm)	13 Pathfinder Campaign Session 20 (1:00pm)	14 Wii Bowling Week 2 (1:00pm)	15 Calender Day (2:00pm)	16 Stress Management Living Series (1:30pm)	17 Bingo Afternoon (3:00pm)
18 Movie Afternoon (3:00pm)	19	20	21 Wii Bowling Week 3 (1:00pm)	22	23 New Member Social (2:00pm)	24
25	26	27 Pathfinder Campaign Session 21 (1:00pm)	28 Wii Bowling Week 4 (1:00pm)	29 Quality Improvement Committee (1:30pm)	30 Glow Zone 360 (3:00pm)	31

**Friday, November 2 2018 @ 1:30pm LEADERS:Staff..... Stress Management Small Talk**  
 Come out and join us as we talk and gain additional knowledge on stress management, taking care of the body & Soul!!  
**Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free Attendance Goal:15**  
**Associate Members & Guests Welcome Subsidy: October 26**

**Saturday, November 3 2018 @ 1:00pm LEADERS: Shirley.S, Amanda. S. .... Creative Writing**  
 If you love creativity and would like to express your ideas and talents, come out and join us at the F&A Creative Writing Afternoon!!  
**Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free Attendance Goal:10**  
**Associate Members & Guests Welcome Subsidy: October 26**

**Monday, November 5 2018 @ 6:00pm LEADERS:Staff. .... Public Relations Committee**  
 Remembrance Day is approaching and the temperature has begun to drop. PR is working hard because the work does not stop. We need your help to promote F&A.  
 Come on out and help us today.  
**Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free Attendance Goal:15**  
**Members Only Subsidy: October 29**

**Monday, November 5 2018 @ 7:00pm LEADERS:Staff. .... Social & Leisure Committee**  
 Planning time in the City of Brampton. Come out and share new activity ideas at your Social & Leisure Committee.  
**Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free Attendance Goal:15**  
**Members Only Subsidy: October 29**

- Tuesday, November 6 2018 @ 1:30pm LEADERS: Staff, Crystal. S.** ..... Seasonal Blues Small Talk  
 Beating Fall Blues Join us in learning about Seasonal Affective Disorder and know how to beat the fall blues!! PLEASE CALL TO CONFIRM ATTENDANCE  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** October 30
- Wednesday, November 7 2018 @ 1:00pm LEADERS: Staff.** ..... Wii Bowling League Week 1  
 Today is the first week of the Wii Bowling League. If your not registered to play you can come out, watch, and share in the social aspect of the activity!  
**Place:** Century Gardens Room 3 (340 Vodden St E) **Main Intersection:** Rutherford Rd N & Vodden St E, Brampton  
**Cost:** \$10.00 **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** October 31
- Wednesday, November 7 2018 @ 6:00pm LEADERS: Staff.** ..... Leadership Training Orientation  
 We will discuss information you need to know about what it takes to be a F&A Leader! This meeting is mandatory for anyone intending to take Leadership Training.  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Rutherford Rd N & Vodden St E, Brampton  
**Cost:** free **Attendance Goal:** 6  
**Associate Members Only** **Subsidy:** October 31
- Friday, November 9 2018 @ 6:00pm LEADERS: Sam.M, Corrine.M.** ..... Adult Colouring  
 Adult colouring books relieve stress and improve focus! Come out and join your F&A friends for this self care activity!!  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 2
- Monday, November 12 2018 @ 1:30pm LEADERS:Staff.** ..... Fundraising Committee  
 We need your support at this months Fundraising Committee Meeting. Share your ideas & get on board with ongoing fundraising initiatives!!  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Members Only** **Subsidy:** November 5
- Monday, November 12 2018 @ 2:30pm LEADERS:Staff.** ..... By-Law & Policy Committee  
 Come out & Support the Committee as we review new & existing policies!  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Members Only** **Subsidy:** November 5
- Monday, November 12 2018 @ 3:30pm LEADERS:Staff.** ..... Board of Directors Meeting  
 Your Board is Meeting today. Reviewing Reports and making Decisions which are largely based on your input at Committees and Activities.  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Board Members Only** **Subsidy:** November 5
- Tuesday, November 13 2018 @ 1:00pm LEADERS: Staff.** ..... Pathfinder Campaign Session 20  
 You are welcome to see what is happening and join in the Adventure. Each table can have 8 players and we can accommodate only 1, right now.  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 6
- Wednesday, November 14 2018 @ 1:00pm LEADERS:Staff.** ..... Wii Bowling league Week 2  
 The Wii Bowling League is in full swing now... Every Strike counts as we move into week 2!!  
**Place:** Century Gardens Room 3 ( 340 Vodden St E) **Main Intersection:** Rutherford Rd N & Vodden St E, Brampton  
**Cost:** \$10.00 **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** November 7
- Thursday, November 15 2018 @ 2:00pm LEADERS:Staff.** ..... Calender Day / OPOC Day  
 Teamwork divides the task and multiplies the success. We need you on our F&A team while we put together the Calendar! You can fill our an OPOC today!  
**Place:** Friends & Advocates Office (239 Queen St E) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**20  
**Associate Members & Guests Welcome** **Subsidy:** November 8
- Friday, November 16 2018 @1:30pm LEADERS; Staff, Yvonne.V.** ..... Stress & Anxiety Living Series  
 Come out and join us as we learn how to manage stress & anxiety!!  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 9
- Saturday, November 17 2018 @ 3:00pm LEADERS: Yvonne. V, Corrine. M.** ..... Bingo Afternoon  
 Come out and join us for a fun and lightly competitive afternoon of BINGO! Can't wait to see you there!!  
**Place:** Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton  
**Cost:** \$3.00 **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 16

**Sunday, November 18 2018 @ 3:00pm LEADERS: Corrine. M, Crystal.S.**..... Movie Afternoon  
 How about watching a movie? Sounds like a great way to spend some time with your F&A friends!!  
**Place: Friends & Advocates Office (239 Queen St E Unit 6)** **Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free** **Attendance Goal:15**  
**Associate Members & Guests Welcome** **Subsidy: November 9**

**Wednesday, November 21 2018 @ 1:00pm LEADERS:Staff.**..... Wii Bowling League Week 3  
 The Wii Bowling League is in full swing now... Week 3 is the time to step up your game and take your skill & score to the next level!!  
**Place: Century Gardens Room 3 ( 340 Vodden St E)** **Main Intersection: Rutherford Rd N & Vodden St E, Brampton**  
**Cost: \$10.00** **Attendance Goal:15**  
**Associate Members & Guests Welcome** **Subsidy: November 14**

**Friday, November 23 2018 @ 2:00pm LEADERS.**..... New Member Social  
 If you are a new member and want to get to know the staff and the organization more this activity is for you !!  
**Place: Friends & Advocates Office (239 Queen St E)** **Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free** **Attendance Goal:20**  
**Associate Members & Guests Welcome** **Subsidy: November 16**

**Tuesday, November 27 2018 @ 1:00pm LEADERS: Staff.**..... Pathfinder Campaign Session 21  
 You are welcome to see what is happening and join in the Adventure . Each table can have 8 players and we can accommodate only 1, right now  
**Place: Friends & Advocates Office (239 Queen St E Unit 6)** **Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free** **Attendance Goal:10**  
**Associate Members & Guests Welcome** **Subsidy: November 20**

**Wednesday, November 28 2018 @ 1:00pm LEADERS:Staff.**..... Wii Bowling League Week 4  
 The Wii Bowling League is in full swing now... Week 4 is the time to step up your game and take your skill & score to the next level!!  
**Place: Century Gardens Room 3 ( 340 Vodden St E)** **Main Intersection: Rutherford Rd N & Vodden St E, Brampton**  
**Cost: \$10.00** **Attendance Goal:15**  
**Associate Members & Guests Welcome** **Subsidy: November 21**

**Thursday, November 29 2018 @ 1:30pm LEADERS:Staff.**..... Quality Improvement Committee  
 If you would like to know about the changes that are occurring in your organization and would like to provide your input, come out to our committee!!  
**Place: Friends & Advocates Office (239 Queen St E Unit 6)** **Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: Free** **Attendance Goal: 10**  
**Associate Members & Guests Welcome** **Subsidy: November 22**

**Friday, November 30 2018 @ 3:00pm LEADERS: Shirley. S, Sam. M.**..... Glow Zone 360  
 Enjoy Golfing ? Come out and join F&A as we explore Glow Zone !!  
**Place: Glow Zone 360 (9446 McLaughlin Rd N Unit #7)** **Main Intersection: Queen St E & Kennedy Rd, Brampton**  
**Cost: \$10.00 + Tax** **Attendance Goal: 10**  
**Associate Members & Guests Welcome** **Subsidy: November 23**

**NOVEMBER MISSISSAUGA ACTIVITIES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Dixie Mall Walk (2:00pm)	5 Social & Leisure Committee (2:00pm)  Public Relations Committee (3:00pm)	6	7	8	9 Streetsville Bowling (2:00pm)	10
11	12	13 Games / Crafts Make your own product/ OPOC DAY (2:00pm)	14	15	16 McDonald Greet & Eat (1:00pm)	17
18	19 Central Parkway Mall Walk (1:30pm)	20 Movie Afternoon @ Cinestarz (12:30pm)	21	22	23	24 Streetsville Gift & Kraft (12:00pm)
25	26 Writing Group (2:00pm)	27	28	29	30	31

**Sunday, November 4 2018 @ 2:00pm LEADERS: Michelle. Y.**..... Dixie Mall Walk  
 Time to stroll through Dixie Mall. Join us for some great conversations & laughs !!  
**Place: Dixie Mall (1250 S Service Rd)** **Main Intersection: Dixie Rd & S Service Rd, Mississauga**  
**Cost: Free** **Attendance Goal:6**  
**Associate Members & Guests Welcome** **Subsidy: October 26**

**Monday, November 5 2018 @ 2:00pm LEADERS: Marisa.F, Staff.** ..... Social & Leisure Committee  
 Planning time in the City of Mississauga. Come out and share new activity ideas at your Social & Leisure Committee.  
**Place:** Mississauga Central Library (301 Burnhamthorpe Rd W) **Main Intersection:** Burnhamthorpe Rd W & Living Arts Dr, Mississauga  
**Cost:** Free **Attendance Goal:**15  
**Members Only** **Subsidy:** October 29

**Monday, November 5 2018 @ 3:00pm LEADERS:Staff.** ..... Public Relations Committee  
 PR is working hard because the work does not stop. We need your help to promote F&A. Come on out and help us today.  
**Place:** Mississauga Central Library (301 Burnhamthorpe Rd W) **Main Intersection:** Burnhamthorpe Rd W & Living Arts Dr, Mississauga  
**Cost:** Free **Attendance Goal:**15  
**Members Only** **Subsidy:** October 29

**Friday, November 9 2018 @ 2:00pm LEADERS:Staff.** ..... Streetsville Bowling  
 Its Bowling time !! Come out for some great bowling and great laughs!!  
**Place:** Streetsville Bowling ( 128 Queen St S) **Main Intersection:** Queen St S & William St, Mississauga  
**Cost:** \$10.00 **Attendance Goal:**7  
**Associate Members & Guests Welcome** **Subsidy:** November 2

**Tuesday, November 13 2018 @ 2:00pm LEADERS:Staff, Jill. J.** ..... Games & Craft Day/ OPOC DAY  
 Enjoy games ? Enjoy crafts? You can do both at Games & Craft day, We will also be making our own products !! YOU CAN ALSO FILL OUT AN OPOC TODAY  
**Place:** Mississauga Central Library (301 Burnhamthorpe Rd W) **Main Intersection:** Burnhamthorpe Rd W & Living Arts Dr, Mississauga  
**Cost:** Free **Attendance Goal:**12  
**Associate Members & Guests Welcome** **Subsidy:** November 6

**Friday, November 16 2018 @ 1:00pm LEADERS: Marisa.F.** ..... McDonalds Greet & Eat  
 Come out and join F&A as we grab a bite and engage in fun conversation!!  
**Place:** McDonalds (1256 Eglinton Ave W) **Main Intersection:** Eglinton Ave W & Creditview Rd, Mississauga  
**Cost:** Transit Only **Attendance Goal:**8  
**Associate Members & Guests Welcome** **Subsidy:** November 9

**Monday, November 19 2018 @ 1:30pm LEADERS:Staff.** ..... Central Parkway Mall Walk  
 Come out and enjoy a day strolling the central parkway mall !! **Meet at the food court**  
**Place:** Central Parkway Mall ( 377 Burnhamthorpe Rd E) **Main Intersection:** Burnhamthorpe Rd W & Central Pkwy E, Mississauga  
**Cost:** Free **Attendance Goal:**6  
**Associate Members & Guests Welcome** **Subsidy:** November 12

**Tuesday, November 20 2018 @ 12:30pm LEADERS: Staff.** ..... CineStarz Movie Afternoon  
 There are various movies that will be playing on the big screen! Don't miss out on all the fun!!  
**Place:** Central Parkway Mall (377 Burnhamthorpe Rd E) **Main Intersection:** Burnhamthorpe Rd E & Central parkway, Mississauga  
**Cost:** \$5.00 **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 13

**Saturday, November 24 2018 @ 12:00pm LEADERS: Marisa.F.** ..... Streetsville Gift & Craft Show  
 Join F&A as we explore the annual Streetsville Gift & Kraft Show!!  
**Place:** Vic Johnston Community Centre (335 Church Street) **Main Intersection:** Queen St S & Church St, Mississauga  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 16

**Monday, November 26 2018 @ 2:00pm LEADERS: Staff.** ..... Writing Group  
 If you love to write and would like to express your ideas and talents, come out and join us at the F&A Writing Afternoon!!  
**Place:** Mississauga Central Library (301 Burnhamthorpe Rd W) **Main Intersection:** Burnhamthorpe Rd W & Living Arts Dr, Mississauga  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 19

**NOVEMBER DUFFERIN ACTIVITIES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Subway Greet & Eat (5:00pm)
4	5	6 Movie Night @ Galaxy (6:00pm)	7 Social & Leisure Committee (11:30am)	8	9	10
11	12	13	14	15 Games Afternoon (2:00pm)	16	17 Café Island Walk (2:00pm)
18	19 Small Talk (1:00pm)	20	21	22 Wii / F&A Social (1:00pm)	23	24
25	26	27	28	29	30 Bingo(2:00pm)	31

**Saturday, November 3 2018 @ 5:00pm LEADERS: Sean. G, Angela. C.** ..... Subway Greet & Eat  
 Come out and share some laughs with your F&A friends & enjoy some food!  
**Place: Subway (163 First St)** ..... **Main Intersection: First St & Hwy 10, Orangeville**  
**Cost: Transit Only** ..... **Attendance Goal: 5**  
**Associate Members & Guests Welcome** ..... **Subsidy: October 26**

**Tuesday, November 6 2018 @ 6:00pm LEADERS: Sean. G, John. D.** ..... **Movie Night @ Galaxy Cinemas**  
 Come out and join us as we watch some of the latest movies !! Meet by the Cinema Entrance  
**Place: Galaxy Cinemas Inside Fairgrounds Shopping Centre (85 5th Ave)** ..... **Main Intersection: 5th Ave & Hwy 10, Orangeville**  
**Cost: \$8** ..... **Attendance Goal: 7**  
**Associate Members & Guests Welcome** ..... **Subsidy: October 30**

**Wednesday, November 7 2018 @ 11:30am LEADERS: Rob.J Staff.** ..... **Social leisure Committee**  
 Planning time in the City of Dufferin. Come out and share new activity ideas at your Social & Leisure Committee.  
**Place: Edelbrock Centre (30 Centre St)** ..... **Main Intersection: Centre St. & Hillside Dr, Orangeville**  
**Cost: Free** ..... **Attendance Goal: 10**  
**Members only** ..... **Subsidy: October 31**

**Thursday, November 15 2018 @ 2:00pm LEADERS: Staff.** ..... **Games Afternoon**  
 Uno, Monopoly, Life ? You choose we play!! Sounds like a great way to spend some time with your F&A friends!!  
**Place: Edelbrock Centre (30 Centre St)** ..... **Main Intersection: Centre St. & Hillside Dr, Orangeville**  
**Cost: Free** ..... **Attendance Goal: 10**  
**Associate Members & Guests Welcome** ..... **Subsidy: November 8**

**Saturday, November 17 2018 @ 2:00pm LEADERS: Annette. S, John.D.** ..... **Café Island Walk**  
 The weather is warming up! What better way to spend the afternoon in outdoors! We will be meeting in front of **Galaxy Cinemas** and leaving for the walk at 2:10pm  
**Sharp!!**  
**Place: Galaxy Cinemas (85 5th Ave)** ..... **Main Intersection: 5th Ave & Hwy 10, Orangeville**  
**Cost: Transit Only** ..... **Attendance Goal: 7**  
**Associate Members & Guests Welcome** ..... **Subsidy: November 9**

**Monday, November 19 2018 @ 1:00pm LEADERS: Staff, Ron.D.** ..... **Sports Small Talk**  
 Enjoy Sports ? Love to talk about your favourite players & team ? Come out to our sports small talk  
**Place: Edelbrock Centre (30 Centre St)** ..... **Main Intersection: Centre St. & Hillside Dr, Orangeville**  
**Cost: Free** ..... **Attendance Goal: 10**  
**Associate Members & Guests Welcome** ..... **Subsidy: November 12**

**Thursday, November 22 2018 @ 1:00pm LEADERS: Staff, Rob. J.** ..... **Wii Afternoon/ F&A Social**  
 It is a very easy, laid back Wii afternoon where we bring all kinds of games to play.  
**Place: Edelbrock Centre (30 Centre St)** ..... **Main Intersection: Centre St. & Hillside Dr, Orangeville**  
**Cost: Free** ..... **Attendance Goal: 10**  
**Associate Members & Guests Welcome** ..... **Subsidy: November 15**

**Friday, November 30 2018 @ 2:00pm LEADERS: Staff.** ..... **Bingo Afternoon**  
 Its BINGO time in Dufferin, don't forget to bring some extra change!! Come out and try your luck! Cost to play is only \$3.00.  
**Place: Edelbrock Centre (30 Centre St)** ..... **Main Intersection: Centre St. & Hillside Dr, Orangeville**  
**Cost: \$3.00** ..... **Attendance Goal: 10**  
**Associate Members & Guests Welcome** ..... **Subsidy: November 23**

**NOVEMBER NORTH ETOBICOKE ACTIVITIES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Social & Leisure Committee (1:00pm)  Bowling Banquet (2:00pm)	2	2
4	5 Wii Afternoon (1:30pm)	6	7	8	9 Craft Afternoon/ Karoke (1:30pm)	10
11	12	13 Craft Afternoon & Origami (1:30pm)	14	15 Palative care Living Series (1:30pm)	16	17 Greet & Eat Woodbine (4:00pm)
18	19	20 Movie Afternoon @ Imagine Cinema(12:00pm)	21	22	23 Adult Colouring (1:30pm)	24
25	26	27 Book Club (1:30pm)	28	29	30 Bingo afternoon (1:30pm)	31

**Thursday, November 1 2018 @ 1:00pm LEADERS: Frank G.** ..... Social & Leisure Committee  
 Planning time in North Etobicoke. Come out and share new activity ideas at your Social & Leisure Committee.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**20  
**Members Only** **Subsidy:** October 25

**Thursday, November 1 2018 @ 2:00pm LEADERS: Viola R, Hannah H, Maharani K.** ..... Bowling Banquet  
 Its time to celebrate your winners!! If you did not register for the league but still would like to participate in the pizza party please bring \$5.00.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** \$5 **Attendance Goal:**21  
**Associate Members & Guests Welcome** **Subsidy:** October 25

**Monday, November 5 2018 @ 1:30pm LEADERS: Chandra D, Rowena A.** ..... Wii Afternoon  
 It is a very easy, laid back Wii afternoon where we bring all kinds of games to play.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** October 29

**Friday, November 9 2018 @ 1:30pm LEADERS: Jamie M, Frank G, Chandra D.** ..... Craft Afternoon / Karoke  
 Who is up for an afternoon of craft! I sure am !! Come out & join us as we get creative.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** November 2

**Tuesday, November 13 2018 @ 1:30pm LEADERS: Denise H, Yolanda F, Maharani K.** ..... Craft Afternoon/ Origami  
 Who is up for an afternoon of craft! I sure am !! Come out & join us as we get creative.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** November 6

**Thursday, November 15 2018 @ 1:30pm LEADERS: Staff.** ..... Palative Care Living Series  
 Come and learn about a type of care focused in providing relief from the symptoms and stress of a serious illness  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**10  
**Associate Members & Guests Welcome** **Subsidy:** November 8

**Saturday, November 17 2018 @ 4:00pm LEADERS: Jamie M, Rowena A, Yolanda F, Viola R.** ..... Greet & Eat @ Woodbine  
 Why not join us for lunch & a light conversations !!! Cant wait to see everyone there! Meet in front of Thai Express in the food court.  
**Place:** Woodbine Mall (500 Rexdale Blvd) **Main Intersection:** Rexdale Blvd & Hwy 27, Etobicoke  
**Cost:** Transit Only **Attendance Goal:**16  
**Associate Members & Guests Welcome** **Subsidy:** November 9

**Tuesday, November 20 2018 @ 12:00pm LEADERS: Jamie M, Viola R, Maharani K, Jamie M.** ..... Movie Afternoon @ Imagine  
 Come out and join F&A as we watch a new exciting movie at the cinema !! We will be meeting at the front entrance of cinema, underneath the food court in the mall.  
**Place:** Woodbine Mall (500 Rexdale Blvd) **Main Intersection:** Rexdale blvd & Hwy 27, Etobicoke  
**Cost:** \$6.00 **Attendance Goal:**13  
**Associate Members & Guests Welcome** **Subsidy:** November 13

**Friday, November 23 2018 @ 1:30pm LEADERS: Debbie M, Berma B, Maharani K, Chandra D.** ..... Adult Colouring  
 Adult colouring books relieve stress and improve focus! Come out and join your F&A friends for this self care activity!!  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:**15  
**Associate Members & Guests Welcome** **Subsidy:** November 16

**Tuesday, November 27 2018 @ 1:30pm LEADERS: Staff, Rowena A.** ..... Book Club  
 This is our first Book Club review session! All members who registered please come out to this discussion & pick up your second book!  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** Free **Attendance Goal:** 12  
**Associate Members & Guests Welcome** **Subsidy:** November 20

**Friday, November 30 2018 @ 1:30pm LEADERS: Hannah H, Chandra D, Rowena A, Frank G.** ..... Bingo Afternoon  
 Its BINGO time in Etobicoke, don't forget to bring some extra change!! Come out and try your luck! Cost to play is only \$3.00.  
**Place:** Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke  
**Cost:** \$3.00 **Attendance Goal:**20  
**Associate Members & Guests Welcome** **Subsidy:** November 23