

NEWS-A-PEEL
THE NEWSLETTER AND CALENDAR OF
FRIENDS & ADVOCATES
Peel and Surrounding Areas

Phone Number: (905)-452-1002

Your Community Adult Social Rehabilitation Organization
SOCIAL REHABILITATION is the ANSWER!

OCTOBER 2018

OFFICE CLOSED:

OCTOBER 19 - ENLIGHTEN CONFERENCE

F&A GOVERNANCE IN ACTION:

/2018 COMMITTEE MEETINGS

Fundraising Committee. Monday 12th @ 1:30pm
By-Law & Policy Committee. . . . Monday 12th @ 2:30pm

Regional Social & Leisure Committees:

North Etobicoke. Thursday 1st @ 1:00pm
Mississauga. Monday 5th @ 2:00pm
Brampton. Monday 5th @ 7:00pm
Dufferin. Wednesday 3rd @ 11:30am

Regional Public Relations Committees:

Mississauga. Monday 5th @ 3:00pm
Brampton. Monday 5th @ 6:00pm

CSN ENLIGHTEN CONFERENCE (FREE)

The CSN Enlighten Conference is happening on Friday October 19th between 10:00am and 4:00pm. The Conference is free and breakfast and lunch are provided. Transportation to the Conference is also available if you need it. Registration for this event closes on October 10th. If you haven't registered, contact the office or email Richard @ radair@fapeel.org today. We look forward to seeing you there!!

YOUR BOARD WILL BE MEETING THIS MONTH

Attention!! The Board of Directors Meeting will be taking place on Monday October 15 2018 at 3:00pm! We encourage all Members of the Board to attend!

ACHOOO! SNIFFLE! COUGH - COUGH!!

As the weather changes it is inevitable that people will catch the cold or flu. Please be vigilant about washing your hands and practice your daily hygiene. If you are sick please do not attend activities. We strongly urge you to be in contact with Emelyn if this affects your ability to maintain your 2 activity commitment.

BIRTHDAY WISHES go out to:

Rowena A., Nausheen A., Khaleel B.,
Dessiree B., Charlie B., Carol C.,
Jennifer D., Roy D., Aman D.,
Stephen D., Antonio F., Julie F.,
Edward F.,
Norma G., Gail G., Zafeer H., Denise
H., Peter H., Stephen J., Andrew K.,
William K., Rebecca L., Jamie M.,
Mumtaz M., Tony M., Silvano M.,
Debbie M., Chandni P., Shannon P.,
Kamran R., Jacqueline S., Judith S.,
Frank S., Judy W.



NEW MEMBER SOCIAL DAY - NORTH ETOBICOKE
OCTOBER 9th 2018 @ 1:30pm

Welcome New Members! This is an new opportunity for you to learn about your organization. Did you have questions about the Organization after your interview? Which activities have people my age? My interests? The type of Fun I prefer? Come out to this meeting and get all the answers, talk to fellow Members and Staff. Have a Tea or Coffee and get a clearer picture of what opportunities the Organization can offer you. These activities will be frequently placed in the Social Calendars of the F&A News-A-Peel Newsletter, in each Service Area but if you want to come to one in another Service Area that is fine. We will welcome you no matter which one you attend. **Remember that this Activity is specifically for New Members.**

ATTENTION ! CALLING ALL ACTORS, PLAY WRITERS, SINGERS, DANCERS!

Attention all members! Its that time of year again when we want to hear all of your ideas for our theatre company play for our Christmas party! Lets put our heads together and find the perfect Christmas story! On Thursday October 4th we will be holding an orientation meeting at the Brampton office. The main activity for the day will be planning and pitching ideas for our Christmas play. If you enjoy acting or would like to participate in the meeting, please join us!

F&A SOCIAL IN MISSISSAUGA ON OCTOBER 15th 2018 @ 2:00pm

Members are welcome to drop by and chat, bring lunch if you are by at that time. We will be doing Intakes with new members and OPOC will be available for anyone who wants to complete that Survey. You are welcome to stay as long as you like !

PATHFINDER CAMPAIGN

Join our intrepid band of Adventurers as they save farmers from marauding Goblins, delve into deep dungeons to find Dragon Treasures and defeating evil Wizards as they seek to enslave the Townsfolk! To check out the action, join us on alternate **Tuesdays October 2, October 16, and October 30 at 1:00pm in the office.** Call Scott to get more information about this RPG experience.

ONTARIO PERCEPTION OF CARE (OPOC)

Thank you to everyone who took the time to fill out an OPOC at either a designated activity or one of our big events! Your opinion is so important! Remember you can fill out the OPOC as many times as you want. During January we will have activity days led by STAFF for an opportunity to complete an OPOC. If you cannot attend the activity but would still like to complete a survey call the office !

Mississauga: Monday, 15 October - 2:00pm - 4:00pm
Brampton: Wednesday, 17 October- 2:00pm - 4:00pm
NorthEtobicoke: Monday,22 October-1:30pm- 3:30pm

GENERAL MEMBERS MEETING

Your General Members Meetings are happening this month. We have adjusted this meeting in order to bring you the information on the operations of the organization, on a quarterly basis. Please make sure to attend this meeting as it is very important for the functioning of our organization. The meeting dates are as follows:

Mississauga - Monday, 22 October 2018@ 2:00pm
North Etobicoke - Friday, 26 October 2018 @ 1:30pm
Brampton - Wednesday, 24 October 2018 @ 2:00pm
Dufferin - Tuesday, 23 October 2018 @ 2:00pm

VOLUNTEERS ARE WELCOME AT F&A

We are currently interested in taking on volunteers in several areas of our catchment. If you know any one who is interested in volunteering in a great and worthwhile organization, have them give May a call at 905-452-1002.

KIL-A-METRE CLUB

How about joining the Kil-A-Metre club. Just track how much you walk each month and call in your kilometres to Supreet in the office at the end of the month! It is as easy as that!

BRUNSWICK

10 PIN BOWLING TOURNAMENT

Brampton - Tuesday, October 9, 2018 @1:00pm-3:00pm
Members are welcome to join a fun day of bowling. come out to Brunswick Zone and show us your bowling skills. The winner will be presented at the banquet and given a prize!! So come out and get ready to play!

HAVE AN F&A-TASTIC DAY!

FRIENDS & ADVOCATES

Peel and Surrounding Areas

239 Queen St. E, Unit 6, Brampton, ON L6W 2B6
Telephone. (905) 452-1002
e-mail..... contact@fapeel.org
Fax..... (905) 452-1036
Website. www.fapeel.org

Follow us on Twitter:

Friends & Advocates Peel @FA_Peel
CSN-CW Adult..... @CSN_Adult
CSN Youth & Young Adult..... @CSN_Youth

and Facebook:

<http://www.facebook.com/FriendsAdvocatesPeel>
<http://www.facebook.com/csnyouth>
<http://www.facebook.com/csnew>

In Case of a Crisis:

(Work Hours: Monday to Friday 8:30am - 4:30pm)
Call F&A Peel Staff. 905-452-1002

After Hours:

24.7 Crisis Support Peel..... 905-278-9036
Distress Centre..... 905-278-7208
SPECTRA..... 905-459-7777
Health Line Peel..... 905-799-7700
Warm Line. 416-960-9276
Krasman Warm Line..... 1-888-777-0979
24/7 Warmline 1-844-427-3247
Psychiatric Survivors Warmline..... 1-519-631-1580

FRIENDS & ADVOCATES Peel and Surrounding Areas

ACTIVITY DETAILS - OCTOBER 2018

- In the event of severe weather conditions, the Director of Services, Member Services Worker or CEO in consultation with the Leaders of the Activity, has the authority, usually 4 hours before the scheduled start of the activity, to cancel the activity. A message with respect to the cancellation will be placed on the office answering service announcement.
- Members are eligible for Transit Subsidy if attending two social activities each month, Training Programs, Governance Meetings, Special Events (as designated) or as Leaders of an Activity.
- In order to be counted in attendance, at an activity, you must be present from the beginning of the scheduled time for the activity and you must stay until the end of the activity to be counted.
- Leaders will be available to the activity ½ hour before the scheduled start of the Activity.

OCTOBER BRAMPTON ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Public Relations Committee (6:00pm) Social & Leisure Committee (7:00pm)	2 Pathfinder Campaign Session 17 (1:00pm)	3	4 Theatre Company Orientation (1:30pm) Adult Colouring (6:00pm)	5 Café Afternoon @ Tim Hortons (1:00pm)	6
7	8 THANKSGIVING DAY OFFICE CLOSED	9 Brunswick Bowling Tournament (1:00pm)	10	11 Palliative Care Living Series (1:30pm)	12	13 Creative Writing (1:00pm)
14 Bingo (1:00pm)	15 Fundraising Committee (1:30pm) By - Law & Policy Committee (2:30pm) Board Meeting (3:30pm)	16 Pathfinder Campaign Session 18 (1:00pm)	17 Calendar Day / OPOC Day (2:00pm)	18	19 Enlighten Conference OFFICE CLOSED	20
21	22	23	24 General Members Meeting (2:00pm) Paranormal Talk (6:00pm)	25	26 Shoppers World Mall Walk (1:00pm)	27 Chucks Roadhouse (5:00pm)
28 Craft Afternoon (1:00pm)	29	30 Pathfinder Campaign Session 19 (1:00pm)	31			

Monday, October 1 2018 @ 6:00pm **LEADERS:Staff**..... Public Relations Committee
 Come to F&A PR we need your help to bring the fun and cheer. Bring your ideas!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**15
Members Only **Subsidy:** September 24

Monday, October 2 2018 @ 7:00pm **LEADERS:Staff**..... Social & Leisure Committee
 You decide the activities, so make sure to bring out some new activity ideas!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**15
Members Only **Subsidy:** September 24

Tuesday, October 2 2018 @ 1:00pm **LEADERS:Staff**..... Pathfinder Campaign Session 17
 You are welcome to see what is happening and join in the Adventure . Each table can have 8 players and we can accommodate only 1, right now.
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**10
Associate Members & Guests Welcome **Subsidy:** September 25

Thursday, October 4 2018 @ 1:30pm **LEADERS:Staff**..... Theatre Company orientation
 Do you enjoy acting ? Come out and take part in this year's (2018) Theatre Company orientation meeting; pitch your ideas on what types of Christmas plays that you would like to see played out at our annual Christmas Party!
Place: Friends & Advocates Office (239 Queen St E, Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**10
Associate Members & Guests Welcome **Subsidy:** September 27

- Thursday, October 4 2018 @ 6:00pm LEADERS: Meeghan.A, Shirley.S.** Adult Colouring
 Adult colouring books relieve stress and improve focus! Come out and join your F&A friends for this self care activity!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**11
 Associate Members & Guests Welcome **Subsidy:** September 27
- Friday, October 5 2018 @ 1:00pm LEADERS: Warren. S, Yvonne.V.** Café Afternoon @ Tim Hortons
 Come out and join your F&A friends to have some fun conversations and some great laughs!!
Place: Tim Hortons (261 Queen St E) **Main Intersection:** Queen St E & Rutherford Rd, Brampton
Cost: Free **Attendance Goal:**8
 Associate Members & Guests Welcome **Subsidy:** September 28
- Thursday, October 9 2018 @ 1:30pm LEADERS: Staff.** Brunswick 10 Pin Bowling Tournament
 You are welcome to come out and play at the F&A 10 pin bowling tournament! Cost will Cover Tournament & Banquet
Place: Brunswick Zone Bramalea (50 Bramtree Court) **Main Intersection:** Bramtree Ct & Chrysler Dr, Brampton
Cost: \$10 **Attendance Goal:**10
 Associate Members & Guests Welcome **Subsidy:** October 2
- Thursday, October 11 2018 @ 1:30pm LEADERS:Staff.** Palliative Care Living Series
 Come and learn about a type of care focused in providing relief from the symptoms and stress of a serious illness
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**10
 Associate Members & Guests Welcome **Subsidy:** October 4
- Saturday, October 13 2018 @ 1:00pm LEADERS: Shirley.S, Amanda.S.** Creative Writing
 If you love creativity and would like to express your ideas and talents, come out and join us at the F&A Creative Writing Afternoon!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**11
 Associate Members & Guests Welcome **Subsidy:** October 5
- Sunday, October 14 2018 @ 1:00pm LEADERS: Coreen. M, Sam. M.** Bingo
 It's Bingo night in Brampton so why not come out for some fun, conversation and an evening spent with your friends!! Make sure to bring some extra change!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: \$3.00 **Attendance Goal:**15
 Associate Members & Guests Welcome **Subsidy:** October 5
- Monday, October 15 2018 @ 1:30pm LEADERS:Staff.** Fundraising Committee
 We need your support at this months Fundraising Committee Meeting. Share your ideas & get on board with ongoing fundraising initiatives!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**6
 Members Only **Subsidy:** September 10
- Monday, October 15 2018 @ 2:30pm LEADERS:Staff.** By Law & Policy Committee
 Come out & Support the Committee as we review new & existing policies!
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy, Brampton
Cost: Free **Attendance Goal:** 6
 Members Only **Subsidy:** September 10
- Monday, October 15 2018 @ 3:30pm LEADERS:Staff.** Board of Directors Meeting
 Your Board is Meeting today. Reviewing Reports and making Decisions which are largely based on your input at Committees and Activities.
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**7
 Board Members Only **Subsidy:** September 10
- Tuesday, October 16 2018 @ 1:00pm LEADERS:Staff.** Pathfinder Campaign Session 18
 You are welcome to see what is happening and join in the Adventure . Each table can have 8 players and we can accommodate only 1, right now.
Place: Friends & Advocates Office (239 Queen St E Unit 6) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**10
 Associate Members & Guests Welcome **Subsidy:** October 9
- Wednesday, October 17 2018 @ 2:00pm LEADERS:Staff, Sam.M.** Calender Day / OPOC Day
 Teamwork divides the task and multiplies the success. We need you on our F&A team while we put together the Calendar! You can fill our an OPOC today!
Place: Friends & Advocates Office (239 Queen St E) **Main Intersection:** Queen St E & Kennedy Rd, Brampton
Cost: Free **Attendance Goal:**20
 Associate Members & Guests Welcome **Subsidy:** October 10
- Wednesday, 24 October 2018 @ 2:00pm LEADERS: Staff, Yvonne.V.** General Members Meeting
 We encourage all members to come out & learn about what's happening in the Organization!!
Place: Grace United Church (156 Main St.N) **Main Intersection:** Queen St & Main St, Brampton
Cost: Free **Attendance Goal:**40
 Members only **Subsidy:** October 17

Wednesday, October 24 2018 @ 6:00pm LEADERS:Staff, Crystal..... Paranormal Talk
 Let's talk about ghosts, goblins, haunted houses and much more! **Warning: If you are negatively effected by such topics this may not be for you!**
Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton
Cost: Free Attendance Goal:10
Associate Members & Guests Welcome Subsidy: October 17

Thursday, October 26 2018 @ 1:00pm LEADERS: Warren.S, Amanda.S..... Shoppers world Mall Walk
 Come out and explore Shoppers World with F&A . We will be meeting at the entrance near oceans.
Place: Shoppers World (499 Main St S) Main Intersection: Steeles & Main St S, Brampton
Cost: Transit Only Attendance Goal:10
Associate Members & Guests Welcome Subsidy: 5 July

Saturday, October 27 2018 @ 5:00pm LEADERS: Shirley .S, Meeghan. A..... Chucks Roadhouse Greet & Eat
 Come out and join F&A to enjoy some good food and great conversations!!
Place: Chucks Roadhouse (2 Kennedy Rd S) Main Intersection: Queen St E & Kennedy Rd, Brampton
Cost: Free Attendance Goal:15
Associate Members & Guests Welcome Subsidy: October 19

Sunday, October 28 2018 @ 1:00pm LEADERS: Crystal , Coreen..... Craft Afternoon
 If you love creativity and would like to express your ideas and talents, come out and join us at the F&A Craft Afternoon!!
Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton
Cost: Free Attendance Goal:10
Associate Members & Guests Welcome Subsidy: October 21

Tuesday, October 30 2018 @ 1:00pm LEADERS:Staff..... Pathfinder campaign Session 19
 You are welcome to see what is happening and join in the Adventure . Each table can have 8 players and we can accommodate only 1, right now.
Place: Friends & Advocates Office (239 Queen St E Unit 6) Main Intersection: Queen St E & Kennedy Rd, Brampton
Cost: Free Attendance Goal:10
Associate Members & Guests Welcome Subsidy: October 23

OCTOBER MISSISSAUGA ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Social & Leisure Committee (2:00pm)	2	3	4	5	6 Planet Bowl (2:00pm)
7	8 THANKSGIVING DAY OFFICE CLOSED	9	10 Goal Setting Focus Group (2:00pm)	11	12 Café Afternoon @ Tim Hortons (1:30pm)	13
14	15 Halloween Potluck/ F& A Social & OPOC DAY (2:00pm)	16 Movie Afternoon @ Cineplex (12:00pm)	17	18	19 Enlighten Conference OFFICE CLOSED	20 Riverwood Park Walk (3:00pm)
21	22 General Members Meeting (2:00pm)	23	24	25 CSN Recovery Writing (2:00pm) * registered members Only	26	27
28	29	30 Café Afternoon @ Tim Hortons (1:30pm)	31			

Monday, October 1 2018 @ 2:00pm LEADERS:Staff..... Social & Leisure Committee
 You decide the activities, so make sure to bring out some new activity ideas!!
Place: Church Of the Holy Spirit (1170 Tynegrove Rd) Main Intersection: Burnhamthorpe Rd W & Golden Orchard, Mississauga
Cost: Free Attendance Goal:20
Members Only Subsidy: September 24

Saturday, October 6 2018 @ 2:00pm LEADERS:Staff, Marisa. F..... Planet Bowl Bowling tournament
 Enjoy Bowling!! Come out to planet bowl and let the games begin!! Cost covers Tournament & Banquet
Place: Planet Bowl (5555 Eglinton Ave W) Main Intersection: Eglinton Ave W & Satellite Dr, Mississauga
Cost: \$10.00 Attendance Goal:10
Associate Members & Guests Welcome Subsidy: September 28

Wednesday, October 10 2018 @ 2:00pm LEADERS:Staff, Jill. J, Robert. K..... Goal Setting Focus Group
 Together we can achieve any goal or dream !!
Place: Mississauga Central Library (301 Burnhamthorpe Rd W) Main Intersection: Burnhamthorpe Rd W & Duke Of York Blvd, Mississauga
Cost: Free Attendance Goal:15
Associate Members & Guests Welcome Subsidy: October 3

Friday, October 12 2018 @ 1:30pm LEADERS: Staff. Café Tim Hortons
 Come join F&A as we will be enjoying some good coffee and good company!!
Place: Tim Hortons (120 Queen St S) **Main Intersection: Queen St S & Kerr St, Mississauga**
Cost: Transit Only **Attendance Goal:10**
Associate Members & Guests Welcome **Subsidy: October 5**

Monday, October 15 2018 @ 2:00pm LEADERS: Staff. **Halloween Potluck / F&A Social & OPOC DAY**
 Its almost Halloween !! Time to enjoy some delicious food and have fun ! You can fill out OPOC'S Today!!
Place: Church of the Holy Spirit (1170 Tynegrove Rd) **Main Intersection: Burnhamthorpe Rd W & Golden Orchard Dr, Mississauga**
Cost: Free **Attendance Goal: 15**
Associate Members & Guests Welcome **Subsidy: October 8**

Tuesday, October 16 2018 @ 12:00pm LEADERS: Robert.K, Staff. **Movie Afternoon @ Cineplex**
 RomanceThriller...Action...maybe Comedy??? Regardless of what movie is playing it's a great opportunity to spend some time with your F&A friends.
Place: Cineplex cinemas (309 Rathburn Rd W) **Main Intersection: Rathburn Rd W & Duke Of York Blvd, Mississauga**
Cost: \$10 **Attendance Goal:15**
Associate Members & Guests Welcome **Subsidy: October 9**

Saturday, October 20 2018 @ 3:00pm LEADERS: Robert.K, Michelle. Y. **Riverwood Park Walk**
 Come and join F&A as we take a stroll through the beautiful Riverwood park !! We will be meeting at the front entrance of the park
Place: Meet at Church of the Holy Spirit (1170 Tynegrove Rd) **Main Intersection: Burnhamthorpe Rd W & Golden Orchard, Mississauga**
Cost: Free **Attendance Goal:10**
Associate Members & Guests Welcome **Subsidy: October 12**

Monday, October 22 2018 @ 2:00pm LEADERS: Staff. **General Members Meeting**
 We encourage all members to come out & learn about what is happening in the Organization
Place: Church of the Holy Spirit (1170 Tynegrove Rd) **Main Intersection: Burnhamthorpe Rd W & Golden Orchard Dr, Mississauga**
Cost: Free **Attendance Goal:25**
Members Only **Subsidy: October 15**

Tuesday, October 30 2018 @ 1:30pm LEADERS: Staff. **Café Tim Hortons**
 Come join F&A as we will be enjoying some good coffee and good company!!
Place: Tim Hortons (120 Queen St S) **Main Intersection: Queen St S & Kerr St, Mississauga**
Cost: Transit Only **Attendance Goal:10**
Associate Members & Guests Welcome **Subsidy: October 5**

OCTOBER DUFFERIN ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Social & Leisure Committee (11:30pm)	4	5	6
7	8 THANKSGIVING DAY OFFICE CLOSED	9	10	11	12	13 Alder Walk & Cafe
14	15 Paranormal Talk (2:00pm)	16	17	18	19 Enlighten Conference OFFICE CLOSED	20
21	22	23 General Members Meeting (2:00pm)	24	25	26 Halloween DVD (2:00pm)	27 Island Lake Café & Walk (12:00pm)
28	29 Bingo (1:00pm)	30	31			

Wednesday, October 3 2018 @ 11:30pm LEADERS:Staff, Sean. G, Rob. **Social & Leisure Committee**
 You decide the activities, so make sure to bring out some new activity ideas!!
Place: Edelbrock Centre (30 Centre St) **Main Intersection: Centre St & Hillside Dr, Orangeville**
Cost: Free **Attendance Goal:15**
Members Only **Subsidy: September 26**

Saturday, October 13 2018 @ 12:00pm LEADERS: Ron. Sean. **Alder Walk & Cafe**
 Come out and join us for some great coffee and great conversations!!
Place: Alder Street Arena (275 Alder St) **Main Intersection: Alder St & Riddell Rd, Orangeville**
Cost: Transit Only **Attendance Goal:7**
Associate Members & Guests Welcome **Subsidy: October 5**

Monday, October 15 2018 @ 2:00pm LEADERS: Staff, Angela, Ron. Paranormal Talk
 Let's talk about ghosts, goblins, haunted houses and much more! **Warning: If you are negatively effected by such topics this may not be for you!**
Place: Edelbrock Centre (30 Centre St) **Main Intersection: Centre St & Hillside Dr, Orangeville**
Cost: Free **Attendance Goal:10**
Associate Members & Guests Welcome **Subsidy: October 8**

Tuesday, October 23 2018 @ 2:00pm LEADERS: John, Annette. General Members Meeting
 We encourage all members to come out & learn about what is happening in the Organization
Place: Edelbrock Centre (30 Centre St) **Main Intersection: Centre St & Hillside Dr, Orangeville**
Cost: Free **Attendance Goal:20**
Members Only **Subsidy: October 16**

Friday, October 26 2018 @ 2:00pm LEADERS: Ron. Halloween DVD
 Come if you dare to our Halloween scare. Ghosts, goblins, and witches, too Will be there EAGERLY waiting for you
Place: Edelbrock Centre (30 Centre St) **Main Intersection: Centre St & Hillside Dr, Orangeville**
Cost: Free **Attendance Goal:8**
Associate Members & Guests Welcome **Subsidy: October 19**

Saturday, October 27 2018 @ 12:00pm LEADERS: Annette, John. Tim Hortons Café & Walk
 Come join F&A as we will be enjoying some good coffee and good company!!
Place: Tim Hortons (100 5th Ave) **Main Intersection :Hwy 10 & 5 th Ave , Orangeville**
Cost: Transit Only **Attendance Goal:7**
Associate Members & Guests Welcome **Subsidy: October 19**

Monday, October 29 2018 @ 1:00pm LEADERS: Rob, Angela. Bingo
 It's Bingo time in Dufferin so why not come out for some fun, conversation and an evening spent with your friends!! Make sure to bring some extra change!
Place: Edelbrock Centre (30 Centre St) **Main Intersection: Centre St & Hillside Dr, Orangeville**
Cost: \$3.00 **Attendance Goal:7**
Associate Members & Guests Welcome **Subsidy: October 22**

OCTOBER NORTH ETOBICOKE ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Games & karaoke (1:30pm)	2	3	4 Social & Leisure Committee (1:00pm) Uno Banquet (2:00pm)	5	6
7	8 THANKSGIVING DAY OFFICE CLOSED	9 Adult Colouring / New Member Social (1:30pm)	10	11	12 Bingo (1:30pm)	13
14	15	16	17 Healthy Eating (1:30pm)	18	19 Enlighten Conference OFFICE CLOSED	20 Café Evening @ Woodbine (4:00pm)
21	22 Chips & Salsa Day / OPOC Day (1:30pm)	23	24 Rexdale Bowlerama 10 Pin Tournament (11:30am)	25	26 General Members Meeting(1:30pm)	27
28	29	30 Book Club (1:00pm) Halloween Party (2:00pm)	31			

Monday, October 1 2018 @ 1:30pm LEADERS: Frank G, Viola R, Maharani K. Games & Karoke
 Life, Monopoly, Risk or Singing ? Pick your favourite games , songs and lets have a light competition!!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection: Kipling Ave & Panorama Rd, Etobicoke**
Cost: Free **Attendance Goal: 15**
Associate Members & Guests Welcome **Subsidy: September 24**

Thursday, October 4 2018 @ 1:00pm LEADERS: Maharani K, Debbie M, Denise H. Social & leisure Committee
 You decide the activities, so make sure to bring out some new activity ideas!!
Place:Rexdale Community Hub (21 Panorama Court) **Main Intersection: Kipling Ave & Panorama Rd, Etobicoke**
Cost: Free **Attendance Goal: 20**
Members Only **Subsidy: September 26**

Thursday, October 4 2018 @ 2:00pm LEADERS: Maharani K, Jamie M, Hannah H. Uno Banquet
 UNO is always popular in Etobicoke! We will be having a UNO Tournament, all are welcome to participate!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: \$5.00 **Attendance Goal:** 20
Associate Members & Guests Welcome **Subsidy:** September 26

Tuesday, October 9 2018 @ 1:30pm LEADERS: Viloa R, Debbie M, Chandra D. Adult Colouring/ New Member Social
 Adult colouring books relieve stress and improve focus! Come out and join your F&A friends for this self care activity!!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free **Attendance Goal:** 15
Associate Members & Guests Welcome **Subsidy:** October 2

Friday, October 12 2018 @ 1:30pm LEADERS: Chandra D, Jamie M, Denise H. Bingo
 It's Bingo time in North Etobicoke so why not come out for some fun, conversation and an evening spent with your friends!! Make sure to bring some extra change!!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Court, Etobicoke
Cost: \$3.00 **Attendance Goal:** 20
Associate Members & Guests Welcome **Subsidy:** October 5

Wednesday, October 17 2018 @ 1:30pm LEADERS: Viola R, Rowena A, Yolanda F. Healthy Eating
 Join us for a Healthy Eating talk in North Etobicoke!! We will be sharing healthy recipe's and talking about achieving a healthy life style.
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free **Attendance Goal:** 15
Associate Members & Guests Welcome **Subsidy:** October 10

Saturday, October 20 2018 @ 4:00pm LEADERS: Jamie. M, Frank. G, Denise. H, Berma B. Café Evening @ Woodbine
 Cant wait to see everyone there! Meet in front of Thai Express in the food court.
Place: Woodbine Mall- Food Court (500 Rexdale Blvd) **Main Intersection:** Rexdale & Hwy 27, Etobicoke
Cost: Transit Only **Attendance Goal:** 15
Associate Members & Guests Welcome **Subsidy:** October 12

Monday, October 22 2018 @ 1:30pm LEADERS: Maharani K, Viola R, Frank G. Chips & Salsa Day/ OPOC Day
 Who is in for some salsa dancing, and snacks!! We cant wait to see you there!! You can also fill out an OPOC today!!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free **Attendance Goal:** 20
Associate Members & Guests Welcome **Subsidy:** October 15

Wednesday, October 24 2018 @ 11:30am LEADERS: Rowena A, Jamie M, Denise H. Rexdale Bowlerama 10 Pin Tournament
 Its Bowling time in Etobicoke again!! This will be a 1 day tournament. **Cost for the tournament & banquet is \$10.00!**
Place: Rexdale Bowlerama (115 Rexdale Blvd) **Main Intersection:** Kipling Ave & Rexdale, Etobicoke
Cost: \$10.00 **Attendance Goal:** 25
Associate Members & Guests Welcome **Subsidy:** October 17

Friday, October 26 2018 @ 1:30pm LEADERS: Rowena A, Chandra D. General Members Meeting
 We encourage all members to come out & learn about what is happening in the Organization
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free **Attendance Goal:** 20
Members Only **Subsidy:** October 19

Tuesday, October 30 2018 @ 1:00pm LEADERS: Staff. Book Club
 Attention all Book Club Members, come out as we go over the next few stories and brainstorm!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free **Attendance Goal:** 15
Associate Members & Guests Welcome **Subsidy:** October 23

Tuesday, October 30 2018 @ 2:00pm LEADERS: Denise H, Frank G, Yolanda F. Halloween Party Potluck
 BOOOO! Come out and join us for a eventful afternoon! Please make sure you bring an item to share with you!!
Place: Rexdale Community Hub (21 Panorama Court) **Main Intersection:** Kipling Ave & Panorama Rd, Etobicoke
Cost: Free (Please bring a food item) **Attendance Goal:** 25
Associate Members & Guests Welcome **Subsidy:** October 23